



Lakeland Launch



As a school district, we have had the benefit of educating and supporting many high-achieving, successful alumni. Throughout the years, we have been impressed by their successes and the impact that they have had in their various fields. This "Lakeland Launch" highlights the accomplishments of an alumni who received their foundation at LRHS.

May Launch Highlight: *Kristina Deighan, Class of 2010*

Current Position: *Global Director at AB InBev*

Education: *Columbia Business School, 2023
Masters in Business Administration
Cornell University, 2014
Bachelors of Science, Industrial and Labor Relations*



Favorite Teacher at LRHS: *Mrs. Smith, English. She had incredibly high expectations of us, but also believed deeply in our abilities and potential. We were collectively stressed about where we'd get into college and she shared a nugget of wisdom that I've since imparted on many others: "Wherever you wind up will become where you're meant to be." Ms. Ott, Latin. Where to even begin? It's remarkable to think that a single human can contain the amount of wisdom, wit, and humor as Ms. Ott. She was truly a gem at Lakeland and encouraged us all to think deeply and differently.*

Favorite Activity at LRHS: *I took advantage of the breadth of extracurricular at Lakeland: organizing battle ball tournaments, leading our Class Council, LEAP retreats, FBLA competitions, NHS fundraisers, I played basketball for a couple of years and dabbled in Track and Field for a bit. To be honest, my favorite activity was watching my brother play football on Friday nights, and later returning to LRHS to see my sister carry on his legacy on the field.*

How Did LRHS Prepare You for Your Success?

Beyond the quality of instruction and breadth of opportunity outside of the classroom, Lakeland taught me to connect with people from many different backgrounds and identities. I'm a strong believer in the power of public schools to serve this purpose and prepare you for the next step - whether it's college or another pursuit. It wasn't until I left for college that I realized how diverse and inclusive the environment at LRHS was and how much of a differentiator that can be in new settings as a way to connect and work with others. LRHS also made me realize that I could integrate my professional and personal passions in a way that served both. As an example, I had a deep desire to travel, and my first flights were orchestrated by my participation in extracurriculars: traveling to the national FBLA competitions in LA and Nashville. Since then, experiences at work and school have brought me to Argentina, Brazil, China, Colombia, India, Israel, Mexico, the UK & South Africa.